

## **Volunteer Opportunities – ‘Meal A Month’**

### **Sponsor a Meal for MACV Veterans**

MACV is looking for meeting & meal sponsors for the Metro Region Month End Meeting for Building 47 and Structured Independent Living (SIL) House residents. Building 47 is a 13 bed residential facility run by MACV Metro that provides safe, clean and structured housing for homeless single male veterans in the Twin Cities Metro Area. MACV also offers 24 units of SIL Housing for veterans who need longer term support in a structured and sober environment.

The Month End Meeting gathers all Metro Area Housing residents and is held the last Wednesday of each month, January through December, at 6:00 p.m. at the Minneapolis VAMC Auditorium. At each Month End Meeting, a guest speaker presents from 6:00 p.m. to 7:00 p.m. and then a break occurs when dinner is served in a relaxed social environment before veterans continue in their committee meetings. Meal sponsors are welcome to attend the speaker portion of the meeting and join the veterans as they visit over dinner.

A meal sponsor can provide support by donating \$150 to MACV to purchase the meal/beverages for approximately 35 veterans or the sponsor can bring in the meal themselves during the meeting. It's up to you! There is no kitchen facility onsite so meals need to arrive prepared.

This is a wonderful way to support our veterans and provide assistance to MACV! Contact Executive Director, Kathleen Vitalis at 651-222-0613 or [kvitalis@mac-v.org](mailto:kvitalis@mac-v.org) to reserve your month(s) for meal sponsorship.